National Clinical Programmes Day-Recovery, Resilience, Reform #3RsforBetterHealthNCP2022

Chronic Disease Management in General Practice Resilient through Covid and Reformed Practice

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History of General Practice



Photo by Courtesy Everett Collection / Rex Features (951844a)

- 1970's contract
- Episodic care
- Pay per visit
- Direct admissions to hospital
- "Specialists"

Growing population Longevity/ Survival

Multimorbidity

Waiting lists

Increasing expertise of "Generalists"

CDM starts

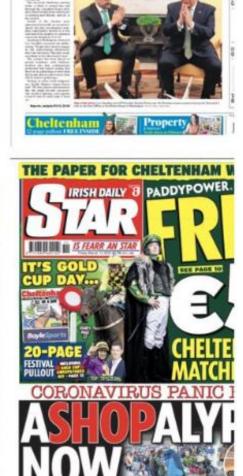
March 2020











Irish Independen

War on virus a

lockdown begi



ones at serious risk

Schools and colleges shut down - 27 new cases brings total to 70 Run on freezers as anic buying grips



First report of the Structured Chronic Disease Management Programme in General Practice

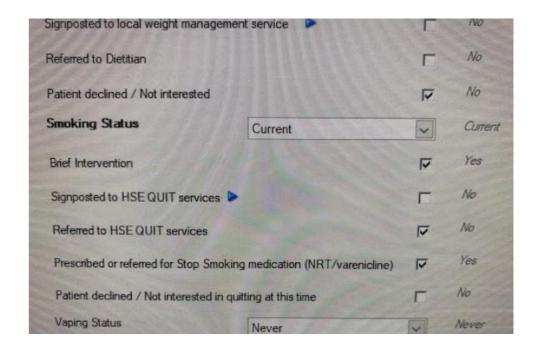


The good news is, it's working!

- Good uptake by General Practice (91%)
- Majority of in-person reviews
- Positive trends in smoking cessation, BMI and exercise
- Highlights importance of MECC
- Value of repeated visits to familiar healthcare team

Chronic Disease Management in action

- AS, age 57, diabetes
- Smoking all his adult life
- Attends every six months for review
- Consistent offers to assist with quitting



It is popular to say otherwise, but the truth is that our health system is getting better Sarah Carey





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Recovery, Resilience and Reform

- General Practice consistently provides flexible, timely, high quality care
- General practice was resilient through Covid, continuing to provide face to face care
- Resourcing of chronic disease management has allowed for reformed work practices
- Continued expansion of the CDM programme will result in improved outcomes for patients and reduced pressure on secondary care